

# Top Tips



1. Don't share personal information

2. Follow the age ratings

3. Check with parents before trying new sites, apps, platforms

4. Don't press buttons when you don't know what they are?

5. Don't send unkind or rude messages

6. Don't speak and make friends with people you don't know

7. Cut down on screen time

8. Don't take risks by meeting up with only online people

9. if you see online bullying then TELL a GROWN UP

10. Put your i-PAD or phone down and do something active even for just 10 minutes!

DO YOU HAVE A TOP TIP?



**i-vengers**

The online world needs heroes...  
Heroes like you!